

نموذج رقم ( ١٢ )

جامعة: Mansoura

كلية: Nursing

قسم: Psychiatric and Mental Health Nursing

توصيف مقرر دراسي

١ - بيانات المقرر		
2 <sup>nd</sup> level (3rd semester)	الفرقة/المستوى:	اسم المقرر:
	Communication skills and human relationships مهارات التواصل الإنساني	CSc 306
1 credit hours	نظري عملي	عدد الساعات الدراسية:
		B.Sc. in Nursing credit hour system
		الرمز الكودي:
		التخصص:

<p>This course aims to provide students with theoretical and practical skills of effective communication among individuals in different situations in order to qualify students for meaningful interaction and communicate effectively with individuals and groups in the health services organizations and in different community settings.</p>	٢ - هدف المقرر:
٣ - المستهدف من تدريس المقرر :	
<p>A1. Recognize the major themes or concepts of communication and human relation</p> <p>A2. Explain concept of self-esteem its influencing factors</p> <p>A3. Explain concept of self-awareness and importance</p> <p>A4. Describe factors that affect people's positive and negative attitudes</p> <p>A5. Identify the problem solving and decision making principles</p> <p>A6. Recognize the importance of motivation, listening and its impact on human relation in working and social setting the</p> <p>A7. Identify types of verbal and nonverbal communication</p> <p>A8. Describe and identify communication barriers</p>	أ - المعلومات والمفاهيم:

<p>A9. Describe influences of human relations on achieving goals</p>	
<p>B1. Utilize critical thinking approach in communicating during the delivery of health care services</p> <p>B2. Comprehend the listening and counseling skills</p> <p>B3. Communicate effectively in oral and written formats</p> <p>B4. Comprehend communication skills</p> <p>B5. Utilize effective interpersonal skills in speaking, listening, assertiveness, and conflict management.</p> <p>B6. Adopt effective strategies for coping with stressful situations, motivating yourself, stress management, and increasing happiness.</p> <p>B7. Differentiate between the normal and abnormal use of defense mechanisms</p>	<p>ب- المهارات الذهنية الخاصة بالمقرر:</p>
<p>_____</p>	<p>ج- المهارات المهنية الخاصة بالمقرر:</p>
<p>D1. Apply the principles of therapeutic communication with patients and families and community</p> <p>D2. Differentiate between different types of professional, social and therapeutic communication</p> <p>D3. Use decision making techniques in organizational and social setting</p> <p>D4. Set goals and solve the different problems</p> <p>D5. Establish effective channels of communication with patient and their families, and their colleagues in work setting</p> <p>D6. Collaborate with other health team members in providing health care</p> <p>D7. Appreciate the team work and good interpersonal interaction and be more creative</p>	<p>د- المهارات العامة:</p>
<p>E1. Recognize the cultural diversity in health care</p> <p>E2. Use verbal and non-verbal communications</p> <p>E3. Instruct information to patient/ client and families in manners that adjust</p>	

their intellectual levels and emotional status		
<b>Unit I:</b> Communication: Principles, concepts and types <b>Unit II:</b> Change process <b>Unit III:</b> Motivation and Self esteem <b>Unit IV:</b> Counseling <b>Unit V:</b> Conflict and Self awareness <b>Unit VI:</b> Defense mechanism		٤ - محتوى المقرر:
1- Interactive Lectures	2- Small group work	٥ - أساليب التعليم والتعلم :
Not applicable		٦ - أساليب التعليم والتعلم للطلاب ذوي القدرات المحدودة :
		٧ - تقويم الطلاب:
<b>1- Semester summative assessment that include:</b> a- Semester work b- Semester Written Examination <b>2- Summative assessment that include:</b> a- Final Written examination: b- Oral examination		أ - الأساليب المستخدمة:
<b>1- Semester summative assessment</b>		ب - التوقيت:
a- Semester work	2 <sup>nd</sup> up to 13 <sup>th</sup> week	
b- Semester written exam	5 <sup>th</sup> week and 10 <sup>th</sup> week	
<b>2- Final Summative assessment</b>		
a- Written examination	16 <sup>th</sup> week	
b- Oral Examination	15 <sup>th</sup> week	
<b>1-Semester summative assessment</b> a- Semester work 30 (30%) b- Semester written exam 20 (20%)		ج - توزيع الدرجات:

<b>2- Final Summative assessment</b>		
a- Final Written examination	40 ( 40%)	
b- Oral examination	10 (10%)	
<b>Total</b>	<b>100 (100%)</b>	
<b>٨- قائمة الكتب الدراسية والمراجع :</b>		
_____		أ- مذكرات
_____		ب- كتب ملزمة:
<ul style="list-style-type: none"> <li>• LOUISE Rebraca shives,2008, ,basic concepts of psychiatric –mental health , 7<sup>th</sup> ed Williams-wilkins</li> <li>• Lucas, J. L., Blazek, M. A., &amp; Raley, A. B. (2005). The lack of representation of educational psychology and school psychology in introductory psychology textbooks. <i>Educational Psychology</i>, 25, 347-351.</li> <li>• Woolfolk, A. E.,Winne,P. H. &amp; Perry, N. E. (2006). Educational Psychology (3rd Canadian ed.). Toronto, Canada: Pearson. 75, 203-221.</li> </ul>		ج- كتب مقترحه:
<ul style="list-style-type: none"> <li>• <a href="http://www.nursingcenter.com">www.nursingcenter.com</a></li> <li>• <a href="http://www.nursingresearch.com">www.nursingresearch.com</a></li> </ul>		د- دوريات علمية أو نشرات .. الخ

Dr: Warda Hamed Elshhat

أستاذ المادة:

Prof. Dr. Amany Mohammed Shebl

رئيس مجلس القسم العلمى: